

Philipp Herzog, Ph.D.

CURRICULUM VITAE

University of Kaiserslautern-Landau (RPTU)

Department of Psychology
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Germany

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[German, English, French]

EDUCATION AND TRAINING

- 03/2017 – Clinical training in various ‘third-wave’ psychological therapies: e.g., DBT¹ under the supervision of Prof. Dr. Ulrich Schweiger, Dr. Valerija Sipos, Dr. Kristin Heinecke, & Dr. Diana Braakmann, CBASP² under the supervision of Prof. Dr. Eva-Lotta Brakemeier
- 10/2016 – 09/2022 Institut für Psychotherapieausbildung Marburg (IPAM)
Postgraduate training in cognitive-behavioral therapy (CBT)
Licensed Psychotherapist (“Approbation zum Psychologischen Psychotherapeuten“)
Grade: „Sehr gut“ [A]
Director: Prof. Dr. Winfried Rief
- 12/2016 – 08/2020 Philipps-University of Marburg
PhD in the Department of Clinical Psychology and Psychotherapy
Thesis: Optimizing the effects of psychotherapy: effectiveness, predictors and side effects in routine clinical care
Degree: Doctor of Natural Sciences (Dr. rer. nat.), Grade: magna cum laude
Supervisors: Prof. Dr. Eva-Lotta Brakemeier, Prof. Dr. Winfried Rief
- 10/2010 – 11/2016 Philipps-University of Marburg
Diploma in Psychology (Grade: "sehr gut" [A])
Fields of specialization: Clinical Psychology and Psychotherapy, Cognitive Neuroscience
Thesis: "Validation of a questionnaire for the assessment of transcultural competencies in psychotherapists (TKKP)"
Supervisors: Dr. Judith Reichhardt, Dr. Cornelia Weise

ACADEMIC POSITIONS

- 02/2023 – 09/2023 Harvard University
Postdoctoral Fellow (Visiting Scholar) at the Department of Psychology (McNally Lab), Faculty of Arts and Sciences
Head of Lab: Prof. Dr. Richard J. McNally
- 01/2023 – University of Kaiserslautern-Landau (RPTU)
Postdoctoral Researcher & Lecturer (Faculty Position) at the Department of Psychology (Pain and Psychotherapy Research Lab)
Head of Lab: Prof. Dr. Julia A. Glombiewski

¹ Dialectical Behavioral Therapy by Marsha M. Linehan

² Cognitive Behavioral Analysis System of Psychotherapy von James P. McCullough, Jr.

- 01/2022 – 12/2022 University of Koblenz-Landau
Research Fellow (Post Doc Position) at the Department of Clinical Psychology and Psychotherapy (Pain and Psychotherapy Research Lab)
Head of Department: Prof. Dr. Julia A. Glombiewski
- 10/2019 – 12/2021 University of Greifswald
Research Fellow at the Department of Clinical Psychology and Psychotherapy (Psychotherapy Lab)
Head of Department: Prof. Dr. Eva-Lotta Brakemeier
- 11/2020 – 12/2021 University Medical Center Schleswig-Holstein/University of Lübeck
Clinician-Scientist-Model: Psychologist in the Outpatient Clinic and Research Fellow (Post Doc Position) at the Department of Psychiatry and Psychotherapy (Lab for Psychotherapy Research: Outpatient Programs)
Head of Lab: Dr. Eva Faßbinder
- 01/2015 – 03/2017 MoReData GmbH, Gießen
Student Trainee (Focus: Organization of Assessment Centers)
Instructor: Jörg Reitze
- 07/2016 – 08/2016 GIDEON GmbH, Potsdam
Psychological Intern (Focus: Business Psychology, Emergency Psychology)
Internship Supervisor: Dr. Gerd Reimann
- 04/2015 – 10/2015 Philipps-University Marburg
Student Teaching Assistant in the Department of Clinical Psychology and Psychotherapy
Head of Department: Prof. Dr. Winfried Rief
- 05/2014 – 07/2014 Asklepios Clinic Göttingen
Clinical Intern (Focus: Cultures, Migration and Mental Disorders)
Internship Supervisor: Dr. Ibrahim Oezkan
- 09/2011 – 07/2013 Philipps-University Marburg
Student Research Assistant in the Department of Clinical Biopsychology
Head of Department: Prof. Dr. Urs M. Nater

CLINICAL EXPERIENCE

- 11/2020 – 12/2021 University Medical Center Schleswig-Holstein
Clinical Psychologist at the Department of Psychiatry and Psychotherapy
Psychiatric Outpatient Clinic: Treatment Track “Personality disorders and Trauma”
Head of Treatment Track: Dr. Eva Faßbinder
- 10/2019 – 11/2020 University Medical Center Schleswig-Holstein
Psychotherapist in postgraduate training (CBT) at the Department of Psychiatry and Psychotherapy
Psychiatric Day-Care Clinic for Psychosomatics with a focus on "Dialectical-behavioral therapy of borderline personality disorder with comorbid eating disorder"
Head of Day-Clinic: Prof. Dr. Ulrich Schweiger
- 10/2016 – 09/2019 Psychotherapie-Ambulanz Marburg (PAM)
Psychotherapist in postgraduate training (CBT)
Treatment of Outpatients

TEACHING AND MENTORING EXPERIENCE

Classes (“Seminar”) in Bachelor and Master programs in Psychology at different universities:

- **Philipps-University of Marburg:** Obsessive-compulsive disorders (2017, 2018), Affective disorders (2019), Application of clinical-psychological interventions (“Interventionspraktikum I + II”) (2015, 2017, 2018), Modern psychological treatment approaches (e.g., DBT, CBASP) (2018)
- **University of Greifswald:** Obsessive-compulsive disorders (2019, 2020, 2021)
- **University of Luxembourg:** Basic intervention techniques (2021, 2022)
- **University of Koblenz-Landau/ University of Kaiserslautern-Landau (RPTU):** Obsessive-compulsive disorders (2022), Evaluation of clinical-psychological interventions (2022), Case conceptualization (“Fallseminar”) (2022), Basic clinical-psychological interventions (2022), Classes on selected mental disorders (e.g., borderline personality disorder, posttraumatic stress disorder) (2022)

Lectures in the Master’s program in Psychology at the University of Koblenz-Landau/University of Kaiserslautern-Landau (RPTU) on:

- Personalized Psychotherapy (2022, 2023)

Supervision of Bachelor, Master and PhD theses in Psychology at different universities:

- **University of Koblenz-Landau/ University of Kaiserslautern-Landau (RPTU):** M. Sc. Hannah Willems (start of PhD in October 2022, primary supervisor)
- **Philipps-University of Marburg, University of Greifswald and University of Koblenz-Landau/University of Kaiserslautern-Landau (RPTU):** More than 20 bachelor and master theses

RESEARCH SUPPORT

Funding for research projects:

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| 2022 | Start-up funding of the project “On the role of dysfunctional expectations in daily life of people with posttraumatic stress disorder: An experience sampling method study” in the context of the promotion for young postdoctoral researchers at the University of Koblenz-Landau (approx. 8.150€) |
| 2021 | Start-up funding of the project “On the development and persistence of dysfunctional expectations in posttraumatic stress disorder: A multi-method series of investigations in healthy and clinical samples” in the context of the promotion for young postdoctoral researchers at the University of Greifswald (approx. 10.000€) |
| 2021 | Start-up funding of the project “Optimizing brief psychological interventions using Leapfrog” in the context of the call for proposals “Impuls Forschung” (5.000€) |

Funding for international research visits:

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| 2023 | 6-month postdoctoral scholarship awarded by the German Academic Exchange Service (Deutscher Akademischer Austauschdienst, DAAD) for a research visit at Harvard University, Boston, Massachusetts, USA (23.846 €) |
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HONORS AND AWARDS

- 2023 Travel grant for participating in the 10th World Congress of Cognitive and Behavioral Therapies (WCCBT 2023) awarded by German Academic Exchange Service (Deutscher Akademischer Austauschdienst, DAAD) (3.500€)
- 2022 Travel grant for participating in the 53rd International Annual Meeting 2022 of the Society for Psychotherapy Research in the context of the promotion for young postdoctoral researchers at the University of Koblenz-Landau (1.525€)
- 2020 Teaching Award of the Department of Psychology at the University of Greifswald: Best Teaching in the Master's Program in Psychology (3rd Place)
- 12/2016 – 09/2019 Three-year PhD Scholarship awarded by the Philipps-University of Marburg, Germany

AD HOC REVIEWING EXPERIENCE

Psychological Medicine, Behaviour Research and Therapy, Psychotherapy Research, Journal of Anxiety Disorders, European Journal of Psychotraumatology, Applied Psychology: Health and Well-Being, Clinical Psychology in Europe, BMC Psychiatry, Brain and Behavior, Verhaltenstherapie, Zeitschrift für Klinische Psychologie und Psychotherapie, PPM - Psychosomatik · Medizinische Psychologie

MEMBERSHIP IN SCIENTIFIC ASSOCIATIONS

Deutsche Gesellschaft für Psychologie/German Psychological Society (DGPs)

SERVICE IN ACADEMIC SELF-ADMINISTRATION

Participation in the development of the new accredited clinical psychology program (Master's program "Clinical Psychology and Psychotherapy") at the University of Kaiserslautern-Landau (RPTU)